



DEPARTMENT OF THE AIR FORCE  
100TH AIR REFUELING WING (USAF)  
ROYAL AIR FORCE MILDENHALL, UNITED KINGDOM

7 January 2022

MEMORANDUM FOR ALL RAF MILDENHALL PERSONNEL

FROM: 100 ARW/CC

SUBJECT: COVID-19 Commander's Directives

All personnel are required to follow UK guidance, unless the guidance stated below is more restrictive. COVID information is available at <https://www.gov.uk/coronavirus>,

**Health Protection Condition.** All personnel shall observe current HPCON requirements.

**DoD Stop Movement/Official Travel:** Conditions based criteria still apply for all PCS and TDY travel. Unrestricted PCS/TDY travel only when both locations are approved. See the following links to verify travel conditions. Unvaccinated personnel require SecAF approval for all official travel.

- [https://mypers.af.mil/app/answers/detail/a\\_id/47788](https://mypers.af.mil/app/answers/detail/a_id/47788) (DoD Installation Travel Restrictions)
- [https://mypers.af.mil/app/answers/detail/a\\_id/46605](https://mypers.af.mil/app/answers/detail/a_id/46605) for PCS/TDY and ETP/waiver requirements.

**Leave and Liberty Travel Approval Authorities**

- Travel for fully vaccinated members is IAW AFI 36-3003.
- Travel outside England for members who are not fully vaccinated, as well as all travel to or through a UK defined "red country," **must be approved by the unit commander.**
- **Regardless of vaccination status, all uniformed members shall review travel plans with their approval authority. Emphasis will be placed upon current COVID rates at travel destination, traveler's vaccination status or documented recovery from infection, self-monitoring of COVID symptoms and self-isolation procedures, recent close contacts, risk of severe illness due to COVID, and recent travel to locations with high or increasing COVID rates.**
- **DOD civilian personnel must accomplish a pre-travel risk assessment for official travel.**
- Supervisors of civilian employees shall discuss leave plans which may result in mission impact to their work centers upon their return.
- **352 SOW personnel will adhere to 352 SOW guidance**

**Travel/Testing/Quarantine Requirements**

- All travelers arriving in the United Kingdom from an overseas location, regardless of duty status or vaccination status, shall follow UK guidance for testing and quarantine.
- Exceptions to testing or quarantine are limited and will be approved on a case-by-case basis by the 100 ARW/CC or 352 SOW/CC.
- <https://www.gov.uk/guidance/travel-to-england-from-another-country-during-coronavirus-covid-19>
- Refer to Attachment 1: UK Travel Requirement Table

**Masks and Social Distancing.**

- **At this time, masks are required for all personnel in indoor settings on RAF Mildenhall.**
- Exceptions to the mask wearing requirement are listed below:
  - In your home or **dorm room**
  - **Alone in a private office with a closed door**
  - When outdoors and proper physical distancing can be maintained
  - When actively participating in physical fitness activities either indoors or outdoors and either proper physical distancing is maintained or additional measures are implemented to mitigate the threat of transmission

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- When necessary to reasonably accommodate a religious belief
- When an individual is alone in a vehicle or sharing the vehicle only with household members
- When use substantively interferes with the proper wear and use of personal protective equipment necessary for the accomplishment of one's military duties
- **When personnel are in primary aircrew positions**
- For brief periods of time when eating and drinking
- When clear or unrestricted visualization of verbal communication are essential to safe and effective operations
- When mask is required to be lowered briefly for identification or security purposes.
- **For off base mask wear, a full list of UK mask wear requirements is available at <https://www.gov.uk/government/publications/face-coverings-when-to-wear-one-and-how-to-make-your-own/face-coverings-when-to-wear-one-and-how-to-make-your-own>**
- Contact your primary care provider if you feel that you have a condition that prevents you from complying with mask wear requirements.

**Restriction of Movement (ROM).** Quarantine, isolation, and ROM directives are valid military orders. Military members who are directed to quarantine or self-isolate by **this directive**, their squadron commander, NHS, or the 48 MDG may be subject to administrative or disciplinary action for violations.

- Units shall facilitate provisioning members during their quarantine/isolation period.
- While in self-isolation or quarantine, you may not leave your home, barracks room, or lodging except for **testing**, urgent medical appointments, or in the case of an emergency. Exceptions are below.
- **Isolation Guidance**
  - If you develop COVID-19 symptoms, or test positive for COVID-19, immediately self-isolate, inform your CoC, and contact the MDG appointment line, **DSN 226-8010 (01638 52 8010)** or the Emergency Room, **DSN 226-4226 (01638 52 4226)**, after hours, weekends, or holidays to be evaluated for COVID-19 testing.
  - **If you have symptoms, continue to isolate at home for 10 days or until you receive a negative test result.**

**(Isolation related to a positive test result):**

- **Positive result with symptoms, isolate until:**
  - **No fever for at least 24 hours (without use of fever reducing medication)**
  - **Other symptoms have improved**
  - **At least 10 days have passed starting the day after your symptoms started.**
- **Positive result without symptoms, isolate until:**
  - **10 days starting the day after your test was collected.**
- **You may end isolation after day 7 if:**
  - **No fever or remaining symptoms besides cough or loss of taste/smell.**
  - **A negative LFD test taken on day 6 and 7, performed at least 24 hours apart.**
- **Quarantine Guidance**
  - If designated a close contact by either the 48 MDG or NHS, **or if you share a household with an individual testing positive for COVID-19.**
    - Individuals who are not fully vaccinated, quarantine for 10 days from last exposure to COVID positive individual.
    - Quarantine is not required for fully vaccinated **non-military personnel (civilian employees, contractors, dependents)** who do not display symptoms.
    - **Vaccinated, but non-boosted service members designated a close contact must quarantine for 5 days unless it has been less than 6 months since completing the primary series of vaccine (less than 2 months for Johnson & Johnson).**
    - **Children under age 18 years 6 months may continue to attend a non-DoDEA (UK)**

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school and non-installation childcare/activities IAW UK and school requirements. On-installation, non-fully vaccinated children may resume these activities after 5 days if they do not have symptoms.

- Travel quarantine exceptions: Individuals who are in quarantine due to travel and staying in on-base facilities are authorized to exercise outside for a maximum of one hour per day. Do not leave the base, enter any buildings, attend gatherings or events, and maintain social distancing.
- Individuals who are in travel quarantine off-base must follow all UK quarantine guidance.
  - Further information on quarantine/self-isolation may be found <https://www.gov.uk/guidance/covid-19-coronavirus-restrictions-what-you-can-and-cannot-do>

#### ***Reporting Requirements.***

- All personnel who test positive for COVID-19 to include at an off-base facility/at home or are notified by host nation authorities that they are a close contact must report this to their flight leadership and **Unit Health Monitor** within 1 hour. Individuals who test positive via Lateral Flow Device (LFD) tests must also report test results/kit serial number to the UK via <https://www.gov.uk/report-covid19-result>.
- **PCR confirmation of positive LFD results in symptomatic individuals is not required nor performed by the 48 MDG. PCR confirmation is available from the NHS if the member desires.**
- **Unit Health Monitors will transmit required data elements via encrypted email and provided template to RAF Public Health by the end of the duty day.**
- Personnel are responsible for reporting positive test results from their dependents to facilitate close contact tracing.

#### ***Telework.***

- Telework and split/staggered shift scheduling remain the discretion of the unit commander. Telework shall not be authorized if it reduces mission or if it degrades customer service(s).

Please direct questions to the 100 ARW Front Office at DSN 314-238-0100 during normal duty hours or the 100 ARW Command Post after hours at DSN 314-238-0100 or email at [100arw.cce@us.af.mil](mailto:100arw.cce@us.af.mil).

  
GENE A. JACOBUS, Colonel, USAF  
Commander

#### **Attachments:**

- 1) UK Travel Requirement Table (CAO 6 Jan 22)
- 2) **Unit Health Monitor NHS Positive COVID Report (CAO 6 Jan 22)**